

Checklist – OOC Treatment for Obsessive Compulsive Disorders

You have requested funding for residential treatment outside Canada for a patient with a diagnosis of Obsessive Compulsive Disorder (OCD).

Please note that OOC applications for residential treatment must include written confirmation from an Ontario physician who is a specialist in the type of service requested that the requested OOC service is:

- a) generally accepted by the medical profession in Ontario as appropriate for a person in the same medical circumstances as the insured person;
- b) medically necessary; and
- c) either:
 - i. the identical or equivalent service is not performed in Ontario, or
 - ii. the identical equivalent service is performed in Ontario but it is necessary for the insured person to travel out of Canada to avoid delay that would result in death or medically significant irreversible damage.

As such, please ensure that you have included the following information, either in your response to the questions in the application and/or as supporting documentation attached in Part 6 of the application:

- Is the patient's principal diagnosis OCD? Does the patient have any comorbidities that are exacerbated by the OCD or that are exacerbating the OCD?
- Please describe the comorbidity as it relates to the OCD including the treatments obtained for the comorbid condition and the patient's response.
- Please describe the severity of the patient's symptoms, including the results of self-reported, standardized Questionnaires or Inventories. e.g. Children's Yale-Brown Obsessive Compulsive Scale (CY-BOCS) or similar standardized measures.
- Please describe how the patient's function is impaired including the impact on school, relationships, and the ability to manage activities of daily living.
- What pharmacological and psychological treatments has the patient and family participated in to treat the OCD? What were the outcomes?

If you have any questions regarding the above requirements please contact the ministry at 888-359-8807.