

Ministry of Health

You have requested funding for residential treatment outside Canada for a patient with a diagnosis of an Eating Disorder.

Please note that OOC applications for residential treatment must include written confirmation from an Ontario physician who is a specialist in the type of service that the requested OOC service is:

- a) generally accepted by the medical profession in Ontario as appropriate for a person in the same medical circumstances as the insured person;
- b) medically necessary; and
- c) either:
 - i. the identical or equivalent service is not performed in Ontario, or
 - ii. the identical equivalent service is performed in Ontario but it is necessary for the insured person to travel out of Canada to avoid delay that would result in death or medically significant irreversible damage.

As such, please ensure that you have included the following information, either in your response to the questions in the application and/or as supporting documentation attached in Part 6 of the application:

- 1. Report(s) of a recent assessment by an Ontario expert in Eating Disorders, which should include (but are not limited to) details on the following:
 - Patient's current height, weight, and Body Mass Index.
 - Copies of relevant laboratory results e.g. Complete Blood Count, Comprehensive Metabolic Panel, Phosphorus, Magnesium, Electrocardiogram, Electrolytes, Potassium, Liver Function Tests, etc.
 - Patient's current psychiatric diagnosis(es). (i.e.) Anorexia, Bulimia, Eating Disorder, Borderline Personality Disorder, Bipolar Disorder, Post Traumatic Stress Disorder, Generalized Anxiety Disorder, Major Depressive Disorder, others.
 - Evidence of adequate family support from parents or partners.
 - History of any "against medical advice" premature discharges from previous eating disorders programs in Ontario.
 - What were the reasons for the patient to discharge himself/herself against medical advice?
 - Details outlining proposed treatment plan.
- 2. Additional medical documentation that is useful in the adjudication of the application (if applicable):
 - Records from current hospitalization.
 - Records from in-patient stay within the last 60 days.

If you have any questions regarding the above requirements please contact the ministry at 888-359-8807.